TIDYWELL · FREE PRINTABLE

Chore chart for couples

A 20-minute conversation

The invisible jobs

Easy to forget, and usually done by one person

- [ ] Noticing when cleaning supplies and toiletries run low
- [ ] Planning meals and writing the shopping list
- [ ] Remembering bin day and recycling day
- [ ] Booking the boiler service and other home repairs
- [ ] Keeping track of what needs cleaning and when

Who does what

JOB	HOW OFTEN	NAME	NAME	TURNS
Washing up / dishwasher	Daily	☐	☐	☐
Cooking dinner	Daily	☐	☐	☐
Wiping kitchen counters	Daily	☐	☐	☐
Bins and recycling out	Weekly	☐	☐	☐
Food shop	Weekly	☐	☐	☐
Laundry: wash, dry, put away	Weekly	☐	☐	☐
Change the bed sheets	Weekly	☐	☐	☐
Clean the bathroom	Weekly	☐	☐	☐
Vacuum the house	Weekly	☐	☐	☐
Mop the floors	Weekly	☐	☐	☐
Dusting	Weekly	☐	☐	☐
Clean the fridge	Monthly	☐	☐	☐
Clean the oven	Every 3 months	☐	☐	☐
Garden or outdoor space	Weekly in season	☐	☐	☐
Pet care	Daily	☐	☐	☐
Paying the household bills	Monthly	☐	☐	☐
		☐	☐	☐
		☐	☐	☐

Check-in date: _____ What to change: _____

How to make it stick

- Owner means the whole job: noticing, doing and finishing it, not just doing it when asked.
- Count effort, not jobs. Cleaning the oven is not the same as taking the bins out.
- Rotate the jobs you both dislike, so nobody is stuck with them for good.
- Agree what “done” looks like for the jobs you argue about.
- Check in after a month and rebalance. A first split is a draft.

Free from **tidywell-app.com**

Rather not print it? **Tidywell** is a free chore app for iPhone and Android.